

The 2009 Lake Wobegon Trail's Caramel Roll Ride Registration Form

**10th
Anniversary
Ride!**

We ask each rider to complete a registration form including children age 6 and under.
Children 6 and under ride free but we would like to track them in our rider demographics.

**Helmet
Require**

Ride Date -- Saturday June 13, 2009

A sweet roll along a sweet trail!

Rider's Name: _____ Primary Ph: _____

Address: _____ Alternate Ph: _____

City: _____ State: _____ Zip _____

Gender (M/F): _____ Age _____ Email _____



I plan on riding from Albany to (check all that apply)

- Western Ride to Freeport (6 miles) to Melrose (6 miles)
 Northern Ride to Holdingford (10 miles) to Bowlus (7 miles) to Blanchard Dam (4 miles) to Hwy 10 (2 miles)
 Eastern Ride to Avon (6 miles) to Collegeville/SJU link (6 miles) to St Joe (3 miles)

I plan to take the shuttle back to Albany from: (Shuttle will leave at noon from this location)**

- Western Ride from Freeport or ** Melrose
 Northern Ride from Holdingford or ** Bowlus
 Eastern Ride from Avon or ** St Joe

Only one shuttle opportunity will be provided for those who register for the shuttle. Others will be accepted on first come first served basis if seating is available. Pick up will be at noon at the farthest town at the trailhead with a stop in the next town if seating is available.

Yes, I want a T-Shirt _____ Sm _____ Md _____ Lg _____ XL _____ XXL

Payment amount:



Northern riders check out the longest covered bridge in MN at Holdingford!

_____ Registration Fee
 _____ T-Shirt Fee
 _____ Trail Support Donation
_____ Total Payment amount

See Fee Schedules below ↓
 Note deadline date for early registration and change in amount of fees after deadline date... Early registration discount requires early payment as well

Payment Method: Ck # _____ Money Order # _____ Paypal

All participants must read the accompanying waiver and indicate they have read the agreement and agree to terms within by signing below. Parents must sign for children under age 18. **Official Check in 8-10 AM in Albany MN**

 Rider or Parent/Guardian Signature

A sweet roll along a sweet trail!

Fees Schedule, Early Registration Deadline and Contact Information

<p>Fee payment methods: Check or Money Order with US Mail Registrations Paypal or mail check or money order with Online Registrations at www.lakewobegontrails.com</p> <p>Early Registration Deadline: Sunday May 24, 2009: Registration Fee \$20 Adults age 16 and above \$15 Children age 7-15 Free! Children age 6 and under</p> <p>Early Deadline for T-Shirts Sunday May 24th 2009 \$15 S, M, L, XL \$17 XXL</p> <p>Ride Contact: Cliff Borgerding 33504 Shorewood Dr, Avon MN 56310 Online registration available at LWT website:</p>	<p>Ride Date -- Saturday June 13 2009 Official Check in <u>8-10 AM in Albany MN</u> to receive wrist band for refreshments</p> <div style="text-align: center;">  </div> <p>After May 24, 2009: Registration Fee \$25 Adults \$20 Children age 7-15 Free! Children age 6 and under</p> <p>T-Shirts (as available after May 24, 2009) \$20 S, M, L, XL \$22 XXL</p> <p>Email: LWTEvents@lakewobegontrails.com PH: 320-356-7191 Ride Date -- Saturday 06-13-2009 www.Lakewobegontrails.com</p>
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Lake Wobegon Trail Caramel Roll Ride Release and Waiver

2009 Lake Wobegon Trail Caramel Roll Ride
Ride Starts in Albany MN at City Hall

Date: Saturday June 13, 2009 Registration 8-10 am
Contact: Cliff Borgerding Ph 320-356-7191 Email: Cliff@wdemail.com

I understand that Caramel Roll entry fees are not refundable or transferable to others and the ride is held rain or shine. I agree to wear a properly fitted hard-shell bicycle helmet at all times when riding a bicycle at the Caramel Roll event.

By my entry into this event, I hereby accept its inherent risks and certify that I am physically fit and able to participate. I grant my consent to any duly authorized doctor or medical personnel to provide me medical treatment in response to any accident, injury, or illness during this event.

I hereby waive and release any and all claims for damages, including negligence claims, incurred as a result of taking part in this event against the Caramel Roll Ride, Lake Wobegon Trail Association, Stearns County and their officers and employees; and any and all other organizers, sponsors, officials, vendors, volunteers, and associated entities, with their heirs and assigns, singly or collectively.

I grant permission without obligation or liability for the use of my name, image, or other record of me taking part in the Caramel Roll Ride for promotional purposes. I agree to obey any applicable traffic rules; to heed the direction of public safety officers and event officials; and to ride and conduct myself with due caution and respect, so as not to endanger anyone or disrupt the enjoyment of fellow bicyclists, motorists, or others.

